

LOWER LEG ASSESSMENT CLINIC

What is the Lower Leg Assessment Clinic (LLAC)?

The Lower Leg Assessment Clinic helps people with leg and foot concerns. This can include swelling, wounds, or poor blood flow. The clinic works with your doctor to help your legs heal and keep you moving. We also teach you how to take care of your legs and feet at home.

What can I expect at an appointment?

Appointments are usually between 45 and 90 minutes. They happen in person at the Edmonton West Primary Care Network Central Office.

At your appointment, the LLAC nurse may:

- Check your legs and feet
- Treat wounds or problems with blood flow
- See if you need special shoes or socks and help with a prescription or forms
- Teach you how to care for your legs and feet at home
- Help you stay healthy and prevent more problems
- Watch how things are going and change care if needed
- Work with your doctor or health care team
- Help set up more care if needed

How do I get an appointment?

Someone from your health care team, like your doctor or nurse, needs to send a referral. After that, we'll contact you to book your visit.

These services are free and covered by Alberta Health Care.

Note: Some supplies, like bandages or special socks, may cost extra.