

PRIMARY CARE NURSING PROGRAM

What does a Primary Care Nurse do?

Primary Care Nurses help you stay healthy and support you when you have health problems. They work with you for a short or long time, depending on what you need. Nurses are part of your health care team and help with both physical and mental health.

What can I expect at an appointment?

Appointments can happen:

- In person at the clinic where your nurse works
- By phone or secure video

The time of your appointment depends on what you need.

At your appointment, the nurse may:

- Talk with you about your health and how you're feeling
- Review your medicines
- Help with urgent health problems
- Do checkups for adults, kids, or pregnancy
- Talk about men's and women's health
- Teach you about health problems like diabetes, asthma, heart disease, or mental health
- Help you make a care plan and set goals
- Provide treatments like wound care, shots (medicine or vaccines), ear cleaning, and paps.
- Connect you with other services if needed

Nurses also work with your health care team to make sure everyone is helping you together.

How do I get an appointment?

Your doctor or health care team will tell you if you need to see the primary care nurse.