

# **SOCIAL WORK**

## **What does a Social Worker do?**

Social Workers are part of your health care team. They support you with everyday problems that affect your health and well-being. They listen, give advice, and help connect you with the right services. They can also help with forms or paperwork if you need it.

## **What can I expect at an appointment?**

Appointments can happen:

- In person at the Edmonton West Primary Care Network Central Office
- By phone or secure video
- In your home (if needed)

At your appointment, the Social Worker may:

- Ask questions to understand what's going on in your life
- Give you information about programs or services that may help
- Talk about support for things like housing, money, or getting your medicine
- Help connect you with other health care providers if needed

## **How do I get an appointment?**

Someone from your health care team, like your doctor or nurse, needs to send a referral. After that, we'll contact you to book your visit.

These services are free and covered by Alberta Health Care.

Note: Social Workers do not give mental health therapy or diagnose illness.